NURSE-FAMILY PARTNERSHIP IN INDIANA

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS
1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Indiana’s Nurse-Family Partnership

92% of children at age 12 months were fully immunized

87% of babies were born full term

88% were born at a healthy weight — at or above 2500g (5.5 lbs)

87% of mothers initiated breastfeeding

Client Demographics

At intake
Median age: 20
89% Unmarried

Race
25% White
9% Declined to self-identify
55% Black or African-American
8% Multi-racial
2% Asian
1% American Indian/Alaska Native

Ethnicity
77% Non-Hispanic/Latina
20% Hispanic/Latina
3% Declined to self-identify

All data is client self-identified.

*Source: Nurse-Family Partnership Quarterly Reports
In Indiana, Nurse-Family Partnership (NFP) is operated by the Goodwill Industries of Central Indiana which implements the program in central Indiana. The partnership between Goodwill Industries, Nurse-Family Partnership and public and private sector organizations in Indiana aims to better the maternal and child health outcomes in the state of Indiana.

IMPLEMENTING AGENCY CONTEXT

Nurse-Family Partnership, implemented through Goodwill Industries of Central Indiana, began serving families in Marion County in November 2011 and will expand to additional counties in 2015. In Indiana, NFP partners with Goodwill educational and employment programs to provide a continuum of care to NFP families. Goodwill’s entire enterprise helps NFP families find employment, increase educational attainment and obtain high-quality resources necessary to achieve financial independence. Goodwill NFP is also integrating its operations with high-value health systems to achieve greater health outcomes and lower health care costs.

FUNDING CONTEXT

In addition to the direct support of Goodwill Industries of Central Indiana, the majority of funding for Nurse-Family Partnership program in Indiana comes from the federal Maternal, Infant and Early Childhood Home Visiting (MIECHV) program through the Indiana State Department of Health. Indiana University Health, a major healthcare system in the state, is funding Indiana NFP in two Indiana counties. Additionally, private donors are funding nurses to provide services focused on high-risk zip codes in Indianapolis.

A RIGOROUSLY TESTED PROGRAM WITH MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting significant effects through multiple, well-designed randomized, controlled trials. More than 37 years of research proves that it works. This evidence shows our clients — low-income, first-time mothers — that if they follow the program and work with their nurse, they can transform their lives and the lives of their children.

National Recognition

• The RAND Corporation showed that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize more than five dollars in return for the highest-risk clients.

• The Coalition for Evidence-Based Policy – a nonprofit, nonpartisan organization – identified Nurse-Family Partnership as the only prenatal or early childhood program that meets its “Top Tier” evidence standard, which is used by the U.S. Congress and the executive branch to distinguish research-proven programs.

• The Partnership for America’s Economic Success found investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.

• The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership was found to be one of 11 (or 6%) of the programs, that clearly work or even appear promising. The center fully supports and endorses NFP as one of its Blueprints for Violence Prevention programs, which identifies prevention and intervention programs that meet a strict scientific standard of program effectiveness.

© Copyright 2015 Nurse-Family Partnership. All rights reserved.